

## Avocado Antibiotic Dip

Blend these ingredients:

- 2 ripe Avocados, mashed-up
- 6 Garlic cloves, finely diced
- 1/2 Onion, finely diced
- Cayenne pepper, sprinkle to taste
- 1 Lemon, squeezed, add the juice
- Sea Salt, sprinkle to taste